

Dear Parents,

Your child is invited to participate in the "Kids for Running" program offered by the Bellin Run and coordinated by parents and teachers at our school. Kids for Running is an after-school program that prepares children to run the 5K Bellin Run (either in-person or virtual) on June 14, 2025. NOTE: the 5K is an addition to this long standing event and will be held at the same time/place as the 10K. Any child that would like to participate in the 10K is able to do so, but our training will be focused on completion of the 5K event.

I will be serving as our team captain and will be coordinating our training runs. Training will begin on April 21st and training runs will be held after school on Monday, Tuesday, and Thursday. Each session will begin with a light warm-up. We will begin with short distances and gradually increase our mileage, leading up to the Bellin Run.

Parents and family members are welcome to train with us and serve as chaperones. We may also need help with handing out popsicles on Thursdays and monitors for inside and outside during warm up and cool downs.

Through the Kids for Running program, participants receive a discounted registration fee of \$20 for the Bellin Run. That includes your child's race bib, timing chip and official Bellin Run T-shirt.

The after-school training program is free — and by participating in the Kids for Running program, your child will also receive a Kids for Running T-shirt.

All participants must: 1) complete and return the enclosed permission slip; and 2) register for the event. Online registration instructions are enclosed. (Please indicate on the permission slip if you do not have Internet access or a credit/debit card, so I can register you.)

All Bellin Run participants from our school who register by May 1st will have their race packets delivered to the school.

If you have any questions, please email me at tlynn@wdpsd.com Thank you for supporting this health community activity!

Coaches Tanya Lynn, Kris Neuens, Lexi Ford

Enclosed: Registration Instructions

Permission Form

Online Registration

- 1. Go to <u>www.bellinrun.com</u>.
- 2. Click Register Now Open, Register
- 3. Click Kids for Running
- 4. Add your Personal Information
- 5. Race Distance: Unless you have otherwise discussed with your coach, please choose either 5K (In-Person) or 5K Virtual. If you child wishes to

Registrant No. 1

Sub-event

Select a sub-event *

Children's Run

Kids for Running

Race Distance

Select...

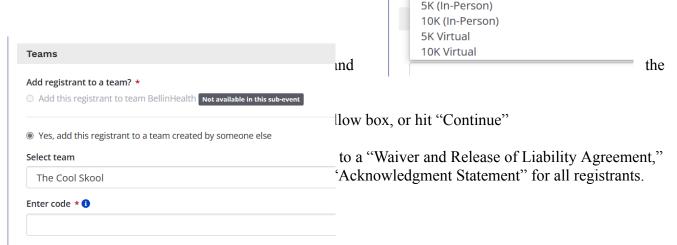
• Kids for Running \$20.00 Check with your school for your team code.

What distance will you participate in? *

General Registration

the 10K, please discuss with your coach since our school training program will focus on the 5K

6. Teams – Scroll down to find our school and then enter 4-digit code: 1165



Kids For Running Permission Form

This form must be completed by all participants in the Kids for Running after-school training program.

Name of Child (Please Print)	Parent or Guardian Name (Please Print)
In case of emergency, I can be reached at	
Primary Doctor:	Hospital of Choice:
Medical conditions we should be aware of:	
Will you be able to assist with training?	
Contact me for assistance in getting my chi the Internet. Contact phone number:	ld registered as I do not have a debit/credit card or access to
	Run – Kids for Running ability and indemnification agreement
Run Kids for Running Program. This Release from participating and parent(s) or legal guardian(s) that	Expreement must be read and agreed to in order to participate in the Bellin Liability and Indemnification Agreement pertains to all children may participate with their children in the Bellin Run Kids for Running is must be made by a parent or legal guardian herein referred to as all children listed and included as registrants.
By participating in the Bellin Run Kids for Running and Participant:	Program and the Bellin Run I agree to the following on behalf of myself
contractors and agents; (2) the City of Green Bay; (3) their agents, employees, assigns, volunteers or anyo District; (6) all school districts, including any and all on their behalf; and (7) any and all agents, volunteer conduct the Bellin Run Kids for Running Program of from any and all claims, liability, loses, costs, including	GE (1) Bellin Memorial Hospital, Inc., its officers, directors, employees, 3) the Village of Allouez; (4) all municipalities including any and all of one acting for or on their behalf (5) the Green Bay Area Public School ll of their agents, employees, assigns, volunteers or anyone acting for or res, operators, owners, contractors and lessees of the premises used to or the Bellin Run (hereinafter collectively referred to as "Releasees"), ding attorney fees, causes of action or liability for death, personal injury er arising out of or in the course of training for or participating in the Run or related events.
damage, or cost they may incur due to the presence Running Program or the Bellin Run, and I acknowled	O HARMLESS the Releasees and each of them from any loss, liability, of the Participant in any way participating in the Bellin Run Kids for edge that running or similar physical activities can be potentially isk of bodily injury, death, or property damage arising out of or in the Run Kids for Running Program or the Bellin Run.
I HAVE READ AND VOLUNTARILY ACCE INDEMNIFICATION AGREEMENT, AND H DIFFERENT WAIVER OF LIABILITY TERM	EREBY WAIVE THE RIGHT I HAVE TO BARGAIN FOR
Date Parer	nt or Guardian Signature